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## **MINUTES OF A MEETING OF THE HEALTH & WELLBEING BOARD Town Hall 29 January 2025 (1.02 - 2.52 pm)**

### **Present:**

**Elected Members:** Councillors Gillian Ford (Chairman), Oscar Ford and Paul McGeary

**Officers of the Council:** Barbara Nicholls, Neil Stubbings

**NEL ICB:** Kirsty Boettcher (Deputy Director NEL Partnership)

**Healthwatch:** Anne-Marie Dean (Healthwatch Havering)

### **1 CHAIR'S ANNOUNCEMENTS**

The Chairman reminded Members of the action to be taken in an emergency.

### **2 APOLOGIES FOR ABSENCE**

Apologies were received from Councillor Natasha Summers, Mark Ansell and Fiona Wheeler

### **3 DISCLOSURE OF INTERESTS**

There were no disclosures of interests.

### **4 MINUTES**

The minutes of the previous meeting were agreed as a correct record and were signed by the Chairman.

### **5 MATTERS ARISING**

The changes to the BCF had been agreed and would not need to be brought back to the Board.

### **6 HEALTH & WELLBEING STRATEGY 2019-24 PROGRESS UPDATE**

The Board received the 2019-2024 Health & Wellbeing Strategy and were asked to agree which priorities to keep within the strategy.

The Board agreed to keep the following priorities within the strategy:

- Priority 1 – Assisting people with health problems into or back to work

- Priority 3 – Provide strategic leadership for collective efforts to prevent homelessness and reduce harm caused
- Priority 5 – Improve support to residents whose life experiences drive frequent calls on health and social care services
- Priority 6 – Obesity
- Priority 7 – Reducing Tobacco Harm
- Priority 9 – Development of integrated health and social care services for CYP and adults at locality level
- Also to include the 5 priorities from the Happy Healthy Lives Starting Well Plan

## **7 PRIORITIES FOR A REFRESHED JLHWS**

This item was merged with item 6.

## **8 HAVERING ALL-AGE SUICIDE PREVENTION STRATEGY 2025-2030**

The Board received the All-Age Suicide Prevention Strategy 2025-26.

Members noted the strategy had been out for public consultation from 10<sup>th</sup> September 2024 to 18<sup>th</sup> October 2024 with the proposed strategy having come before the Board in summer 2023.

Part 1 of the strategy regarded Citizen Space and was launched for members of the Borough on Suicide Prevention Day. 66 responses had been received with 79% of the respondents having been directly impacted by suicide. 97% felt prevention was important with 71% responding positively about the strategy.

Part 2 of the strategy regarded engaging with high impact stakeholders. PCNs highlighted the need for better training, resources and crisis pathways.

The Board noted the strategy was due for Cabinet approval in March 2025.

The Board approved the recommendations as set out in the report.

## **9 HAVERING JOINT DEMENTIA STRATEGY**

The Board received the Joint Dementia Strategy.

Members noted the strategy had been endorsed by Cabinet on 6<sup>th</sup> November 2024 and there had been 2 changes made since then. Members noted the aim of the strategy was to listen to and engage with people with dementia and give them access to the right services at the right time whilst tackling the stigma surrounding dementia.

The strategy had 5 priorities:

1. Preventing – to minimise the risk of people developing dementia and to provide better training and education on dementia and how to spot signs of it early
2. Diagnosing – due to Havering having the lowest diagnosis rate in NEL, this priority wanted to enable access to timely and accurate diagnosis and to ensure a care plan is well devised
3. Supporting – to improve support for residents following diagnosis with timely access to health and social care professionals with a central point for information
4. Living – to support people to remain in their own homes or their choice of residence and to be as independent as possible
5. Dying well – to provide safe places and safe opportunities for advance care plan with training and education for carers on the dying process and support for bereavement

The Board approved the recommendations as set out in the report.

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**Chairman**

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