

Appendix 2: Havering Youth Wellbeing Census

Report to People (Health) Overview and Scrutiny Sub-Committee
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The #Beewell programme is the result of a Greater Manchester regional initiative to improve wellbeing for young people. It is centred around youth-led change, including community engagement, a survey within secondary schools, and commitment to co-designing solutions to deliver positive changes.

In Havering, working with UCL Partners, we adapted the #BeeWell survey to meet the needs of Havering's children and young people, and the services who support them.

Why now?

- Growing child population in Havering (>15% in a decade)
- Growing concerns about mental health and wellbeing in adolescents, made worse by the pandemic (equivalent of 6 pupils per class with a probable mental health problem¹)
- CYP and MH are both Place priorities
- Hearing the voice of children - we needed to do better

Why #BeeWell?

- With CAMHS overstretched, need to 'get upstream', and to do that, understand what matters most to young people's wellbeing
- Show young people we are listening
- Research requires resource - #BeeWell is an established programme
- UCL Partners involvement (experts in the field)

¹Mental Health of Children and Young People in England, 2023 - wave 4 follow up to the 2017 survey

Co-designed by young people and academics, #BeeWell measures the wellbeing of young people and the results are used to deliver positive change. Survey themes are shown below.

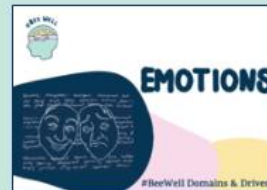
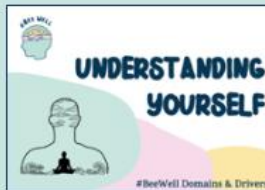


Domains and Drivers

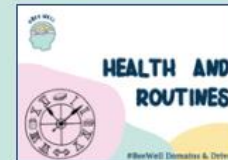
Domains refer to the main areas of wellbeing that young people identified as the most important to them.

Drivers refer to things that young people identified as impactful on their wellbeing.

Domains



Drivers



The **Havering Youth Wellbeing Census** used core questions from #BeeWell, plus additional questions to meet **locally identified needs** as voiced by Havering's young people and the local organisations and services that support them.

Four **workshops** were held with Havering pupils in three **pathfinder schools**, which included exploring what wellbeing meant to the young people. As part of this, pupils also looked at some of the results from a local survey completed in late 2022, '**SHOUT – we are listening**'.

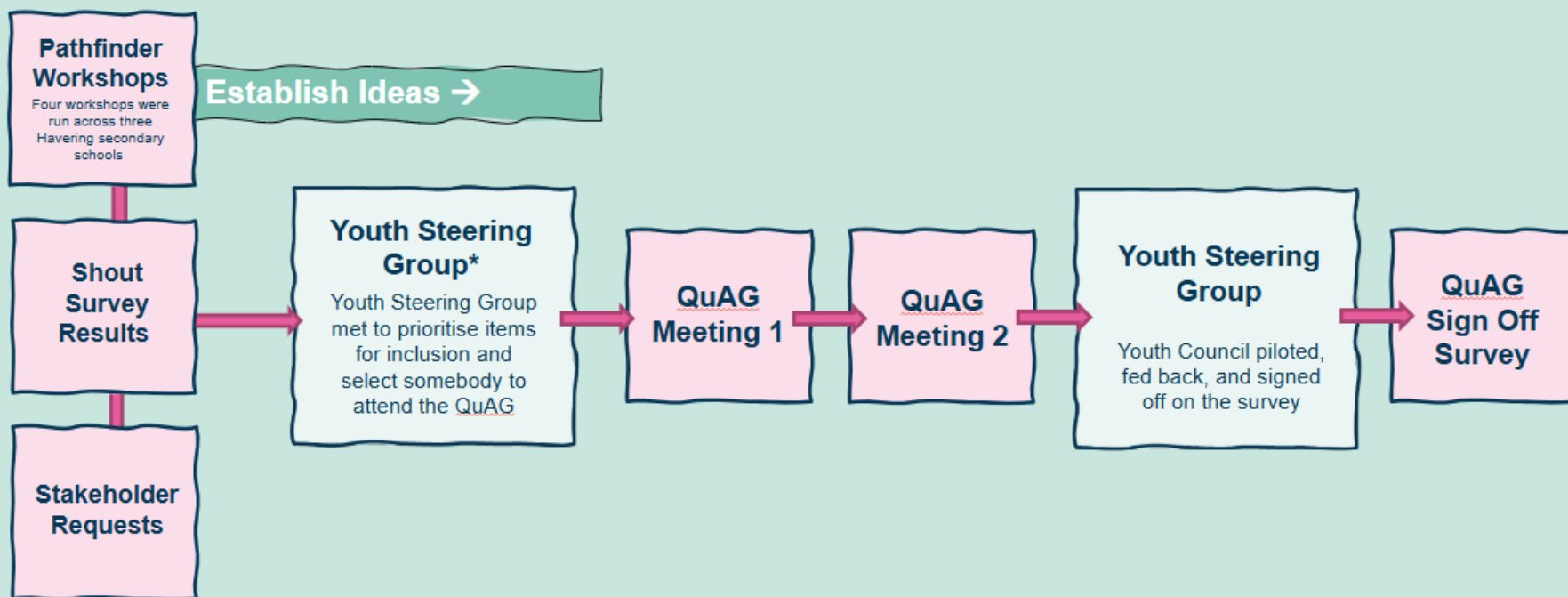
A **Questionnaire Advisory Group (QuAG)**, whose membership included a young person representative and local system stakeholders, was then responsible for agreeing the final measures to be included in the survey.

In total, **more than 100 young people** contributed to the survey design.

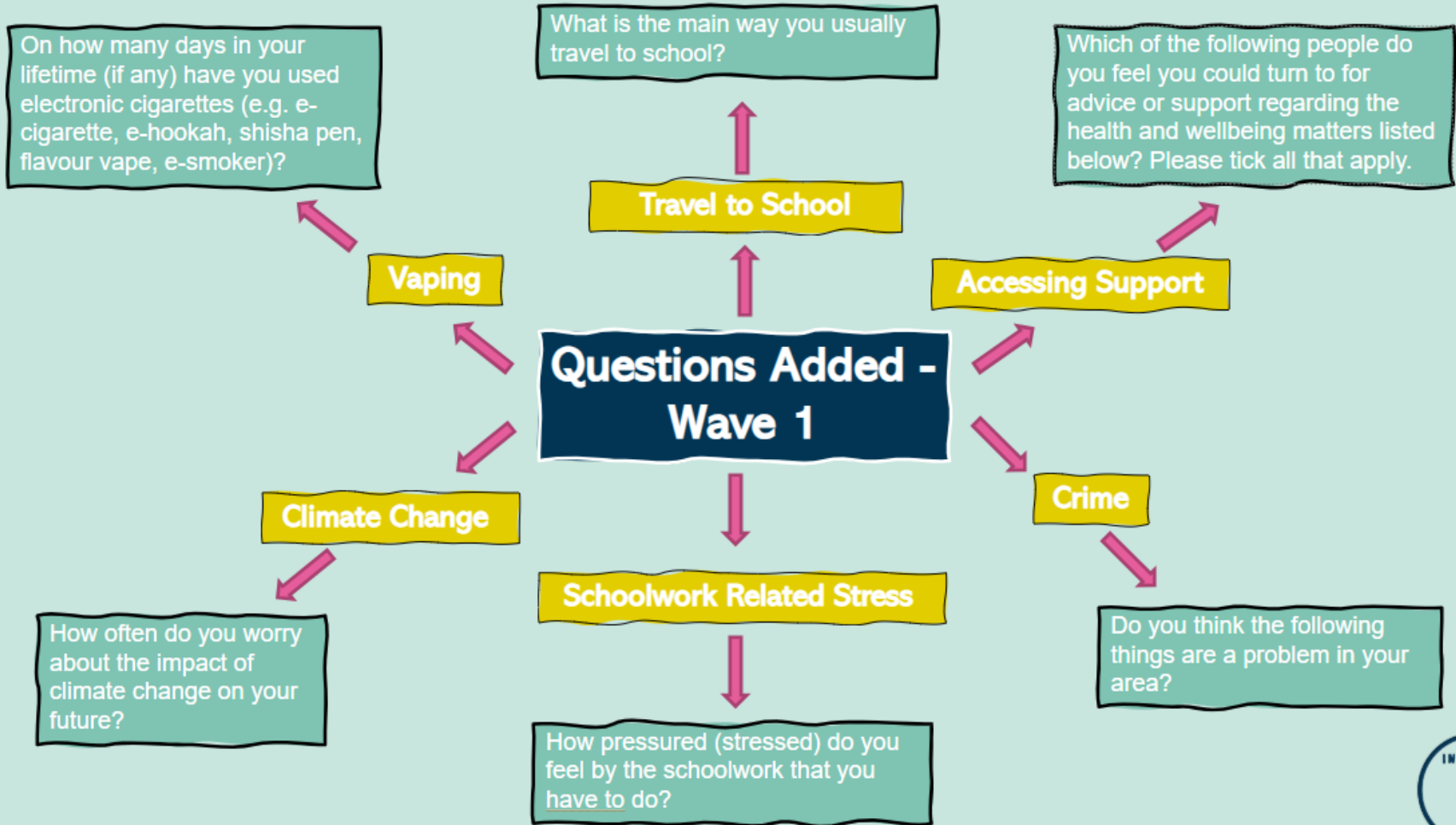
The next two slides set out what this process looked like in more detail, and the questions that were added for Havering.



The Question Design Process – Wave 1




*During Wave 1 of the Havering Youth Wellbeing Census, the Youth Steering Group was made up of the Youth Council.



- #BeeWell is designed to be delivered in school **as part of a lesson**, and so was the Havering Youth Wellbeing Census.
 - Schools were provided with a pack of resources, which included parent / carer **consent** forms and details of local and national organisations that young people could be **signposted** to for support with their wellbeing
 - The final survey took students between 20 and 45 minutes to complete
- In total, 14 out of the 18 mainstream secondary schools in Havering engaged and of these, **ten** were able to deliver the census.
 - The other four schools that initially engaged were unfortunately unable to deliver due to logistical challenges (scheduling time, access to IT suites and teacher strikes).
- The **2,287** pupils that participated across academic years 8 and 10 represent **36%** of all on roll.
- Survey responses were then combined with data held by the Local Authority such as **free school meal eligibility** and **special educational needs status**, which allows the breakdown of survey responses according to different groupings.
 - 2,236 responses were combined in this way, with the remaining responses not combined due to incomplete information

- Participating schools each received an **interactive report** which allows them to compare the results for their school to those of all schools. Schools were invited to a **webinar** in November 2023 to help them understand the results and how to navigate their report.
- Schools were also offered a **1 to 1 meeting** with a consultant from the Child Outcomes Research Consortium to further support them in understanding their report and beginning to prioritise and plan next steps.

 **Source:** Havering Youth Wellbeing Census conducted between 12th June and 19th July 2023, delivered by Havering Borough Council and UCLPartners using the #BeeWell survey

Note: This page shows the top 5 measures in which the average score for pupils at your school was more positive (Positive highlights) and less positive (Opportunities for improvement) than the average for all pupils that took part in the survey across all schools. These measures correspond to the different pages in the report.

Key Comparisons For Hogwarts

Positive highlights

These are the areas your students appear to be doing better compared to young people on average in Havering.

Category	Your school		All schools	Rank
Self-esteem	14.72	↑ 2.02%	14.43	1
Autonomy	19.30	↑ 0.99%	19.11	2
Psychological Wellbeing	22.43	↑ 0.48%	22.32	3

Opportunities for improvement

These are the areas your students appear to be doing worse compared to young people on average in Havering

Category	Your school		All schools	Rank
Bullying	4.56	↑ 11.11%	4.08	1
Social support at School	12.32	↓ -8.82%	13.46	2
Optimism	7.02	↓ -4.35%	7.34	3
Friendships	14.81	↓ -2.87%	15.24	4
Social support at home	16.25	↓ -2.46%	16.65	5

A **neighbourhood dashboard** was published on the Havering Data Intelligence Hub. The intention is that the data will be used to inspire a **place-based response to young people's wellbeing**. This requires collective action across communities, businesses, the voluntary sector, the health sector, government and schools.

The dashboard was designed by UCLPartners alongside Havering's Insight team. The dashboard includes **intuitive data visualisations** and the ability to **explore the data at different levels** (e.g. year group, gender, free school meal eligibility, special educational needs status).

The following points should be useful in understanding and navigating the dashboard:

- The census contained more than 100 questions and whilst the school reports provide detailed results against all of these, due to its different intended audience, the neighbourhood dashboard presents **a mix of specific questions and high-level scores**.
- At the top of each page is an **explanation** of the question and the response categories that the visualisation represents. Underneath each category, the **number of responses** is shown (n =).
- The dashboard has **continued to evolve**, with further questions and results added in response to areas of interest.

- Where possible, **comparisons** with the #BeeWell survey (2021) in Greater Manchester have been provided. In some cases this is not possible due to differences in the way GM summarised their data, or where questions were added locally in Havering.
- **Care should be taken** when comparing areas, particularly where comparisons with Greater Manchester are available. There are likely to be greater differences in population characteristics between Havering and Greater Manchester than between the three Havering localities. Also, the Greater Manchester results shown were collected in Autumn term 2021 while the Havering data was collected in the Summer term 2023.
- Visualisations on the **left-hand side** of each page show the results for each locality, all localities combined, and young people who attend school in Havering but live outside the borough.
- Visualisations on the **right-hand side** of each page show the results broken down by four demographics: Free School Meal eligibility, Year Group, Special Educational Needs status and Gender.
- The **two-way interactivity** allows users to:
 - Click on a locality and see the differences between all the different demographic groups for that area alone; and
 - Click on a particular demographic and see the locality level results for that group alone.

<https://www.haveringdata.net/youth-wellbeing-census/>

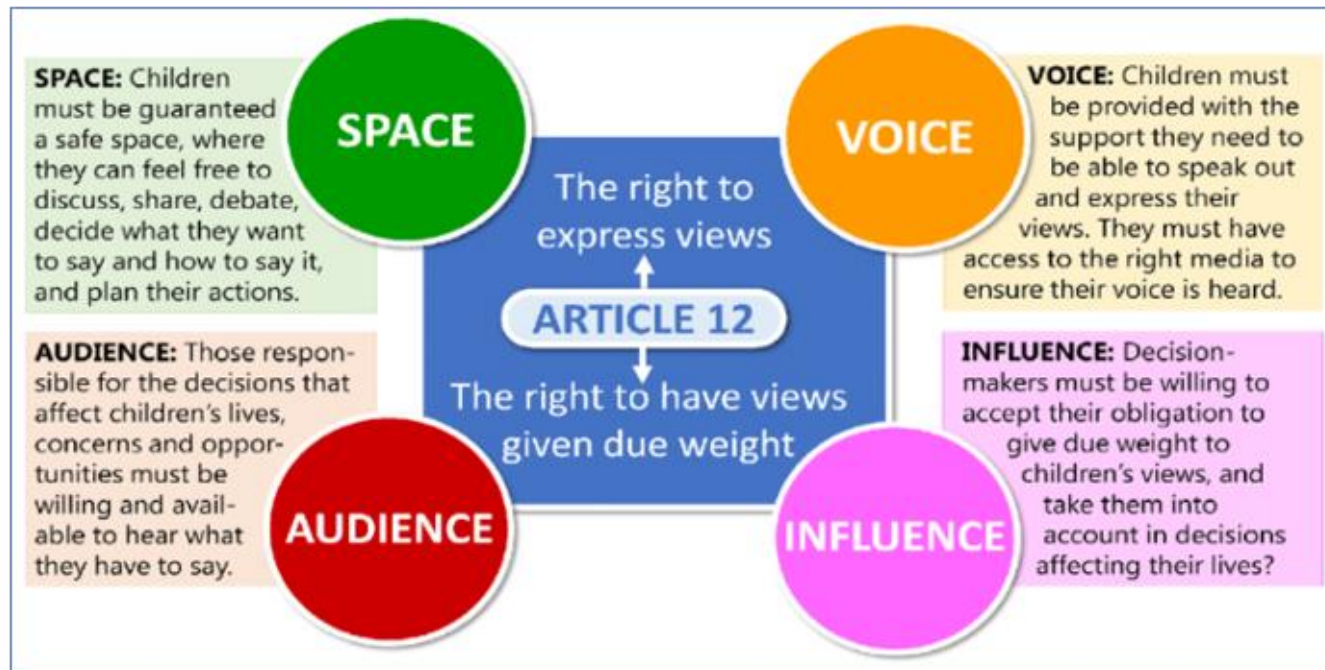
- A multi-agency **Task and Finish Group** was established to consider how partners could respond to the results, both as individual agencies and collectively. This identified several actions which are being **embedded into existing and developing strategies** and action plans (e.g. Physical Activity Strategy, SEND and Alternative Provision Strategy, Serious Youth Violence Strategy).
- In addition, the Havering Youth Wellbeing Census **findings have informed:**
 - The Starting Well Joint Strategic Needs Assessment (JSNA)
 - Our Integrated Starting Well Plan: *Happy, Healthy Lives*
 - The Havering Place based Partnership Interim Strategy
 - Our Borough of Culture bid
 - Work of the School Nursing and Havering Emotional Support Teams
- We were asked to present to the **GLA's Social Evidence and Data User Group** and have shared the results widely through the **Local Safeguarding Children's Partnership**. The **YMCA** is drawing upon the findings in their masterplan for the Romford site.
- More recently, the Public Health Intelligence Team has been undertaking secondary analysis to explore the **relationship between different variables** in the census, and we are sharing the findings from this analysis with schools via a regular newsletter.

- An on-going external **communications campaign** is using the results to highlight pertinent issues to residents, including young people themselves, parents and teachers. We have shared **infographic summaries** on bullying, physical activity, and caring responsibilities, using the results to highlight the under-identification of young carers and raise awareness of the support available.

Challenges

- We successfully secured some Health Inequalities funding for a **Youth Worker** to do further engagement with young people in facilitating youth-led change in response to the findings.
- A key challenge has been **recruitment** for this post and we have subsequently had to review our original approach, which was to set up a new **Youth Wellbeing Steering Group** with meetings in a community venue.
- The new approach utilises **existing wellbeing groups** delivered in schools. Benefits of this approach include the potential to engage a wider group of young people, and reduced time needed to recruit them
- Once the dedicated post is recruited to, the postholder will work with young people in schools (with support from staff) to identify their wellbeing priorities and recommendations for action. Funding has also been allocated for young people to **commission small projects** to support improved wellbeing.

- The Youth Wellbeing Census is also a vehicle to **wider engagement** with children and young people. In September, a consultant from the Child Outcomes Research Consortium facilitated a session with the Council's Executive Leadership Group to help us consider how the Council can embed the **Lundy Model of child participation** in Havering, as part of our evolving Resident Engagement Strategy.



Lundy Model of child participation

<https://youtu.be/TDRC-9J6Qrw>

Questions