

**MINUTES OF A MEETING OF THE
HEALTH & WELLBEING BOARD
Microsoft Teams
3 April 2024 (1.00 - 3.00 pm)**

Present:

Elected Members: Councillors Gillian Ford (Chairman) and Oscar Ford

Officers of the Council: Andrew Blake-Herbert (Chief Executive), Mark Ansell (Director of Public Health), Barbara Nicholls (Director of Adult Services), Tara Geere (Director, Starting Well), Patrick Odling-Smee (Director of Living Well)

Havering Clinical Commissioning Group: Emily Plane (NEL CCG)

Healthwatch:

BHRUT - Ann Hepworth

Also Present:

Emily Grundy; Assistant Director of Public Health

Esosa Edosomwan; Public Health Practitioner

Elaine Greenway; Assistant Director of Public Health

Emily Plane - Head of Strategic Planning Havering Place based Partnership, NHS North East London

Kirsty Boettcher, - NHS NEL

Luke Squires - Public Health Practitioner

Lucy Goodfellow – Head of Innovation and Improvement

Taiwo Adeoyo - Minute Taker from Dem Services

1 APOLOGIES FOR ABSENCE

Apologies were received from Neil Stubbings, Mehboob Khan, Dr Kullar (EP representing).

2 DISCLOSURE OF INTERESTS

There were no disclosures of interest.

3 MINUTES (NOT AVAILABLE)

4 MATTERS ARISING

Minutes from December meeting not available. Any actions carried forward to next meeting

5 **BEEWELL SURVEY**

The board received the findings of the BeeWell survey. It was explained that the Havering Youth Wellbeing Census was part of Havering Council's commitment to amplifying the voice of young people in the borough. The census was based on the BeeWell survey and locally adapted by UCLPartners in collaboration with Havering Council.

The Havering Youth Wellbeing Census used core questions from the BeeWell survey, plus additional questions to meet locally identified needs as voiced by Havering's young people and the local organisations and services that support them.

It was noted that 10 schools took part in the Wellbeing Census during June and July 2023. This was a total of 2,287 students across year groups 8 and 10, representing 36% coverage of the target demographic.

The results of the survey will help to understand the state of wellbeing across age groups and consider actions to support young people's mental wellbeing.

It was explained that the results from Havering's Youth Wellbeing Census and additional data have been combined to provide a useful starting point for discussions about the needs of young people. It was stated that the data should help with the identification of strengths as well as priority areas for development and improvement.

A core principle of the original BeeWell programme and of the delivering the Havering Youth Wellbeing Census is that young people's wellbeing is everybody's business. That means every section of society has a responsibility towards our young people and it is critical that local partners come together in a response.

The Board was asked to take time to explore the interactive neighbourhood dashboard and additional insight it provides that was relevant to the themes of the Health and Wellbeing Strategy.

The board commented positively to the report commending its comprehensive data. Discussion on how to use the data was considered by the board.

6 **NEL JOINT SEXUAL & REPRODUCTIVE HEALTH STRATEGY 2024-2029**

The board received a report that updated on the progress in the development of the North East London (NEL) Joint Sexual & Reproductive Health Strategy.

It was stated that the board last received an update on the strategy in June 2023, at which point resident engagement was underway. The board had endorsed the recommendation to participate in the development of the strategy and commit to an action plan to improve sexual and reproductive health for Havering residents.

It was stated that there was a track record of delivering collaborative cross-borough approaches and initiatives in the field of sexual health; the current specialist sexual health service provided by BHRUT is jointly commissioned by London Boroughs of Havering, Redbridge and Barking & Dagenham and pan-London efforts have delivered developments such as the shared e-service for online STI testing.

The Board noted the update on the development of the North East London Joint Sexual & Reproductive Health Strategy (2024 – 2029).

It was explained that building on data and insights from across NEL and feedback from residents and professionals, the strategy has identified four priority areas for action:

- Priority 1: Healthy and Fulfilling Sexual Relationships
- Priority 2: Good Reproductive Health across the Life Course
- Priority 3: High Quality and Innovative STI Screening and Treatment
- Priority 4: HIV: Towards Zero and Living Well

It was stated that the draft strategy was close to completion with the final version due to be published in June 2024. The board sought clarification if the draft had been to ICB and how it was received.

The Board:

- Endorsed the draft strategy and shared comments – to be confirmed at next in person meeting.
- Noted the need for shared ownership and engagement from key stakeholders in development, delivery and monitoring of a local action plan for Havering
- Shared reflections regarding local governance arrangements

It was noted that the final version of the published strategy and local action plan will be brought back to the board later in 2024.

7 POVERTY REDUCTION STRATEGY

The Board were presented with a report on the vision for poverty reduction in Havering.

The report detailed that there were a significant pockets of deprivation across Havering particularly in areas such as Harold Hill and Rainham,

where residents experience poorer outcomes than others in the borough. It was stated that residents living in the most disadvantaged decile of the borough have a significantly lower life expectancy (7.3 years less for males and 7.6 years less for females) than peers in the least deprived decile. The report also indicated that there were also residents living in extreme poverty in the more affluent parts of the borough.

The board was informed that any long lasting and effective approach for Havering requires a focus on reducing poverty and building resilience in order to address the wider determinants of health and reduce the impact of rising cost of living on local people. This required addressing the root causes of poverty that will have a significant impact on the health and wellbeing of local people, as well as their future prospects. The report outlined that this was the key focus of the strategy which is being developed as a partnership in Havering spanning the Council, NHS and Community and Voluntary sector.

The board noted that the strategy aims to support as many local people as possible who are struggling with increases in the cost of living which was impacting on their physical and emotional wellbeing.

It was explained that the approach for Havering will seek to build on work to support local people with the cost of living increases. A Poverty Reduction working group has been established to develop, and oversee this strategy.

The Havering Place based Partnership will work together to collectively address the underlying causes of poverty, facilitate community action and build resilience to alleviate the effects of poverty. Partners will seek to embed the approach across all programmes of work.

The board discussed how to lobby and take the council's appeal for funding to the next level.

The Board **noted** the report and endorsed the Havering Poverty Reduction Strategy 2024 attached at Appendix 1. To be confirmed at next in person meeting.

8 **HAVING HEALTHY WEIGHT STRATEGY 2024-2029**

The board received a presentation that summarized the findings from the analysis of a consultation feedback. It was stated that obesity rates in Havering are very high for both children and adults, either similar or above the London and England averages, and they look set to get worse.

The board was informed that the problem of overweight and obesity is cutting lives short and negatively impacting the quality of life of Havering residents. Prevention is a key priority for the Council and the NHS, as set out in the Havering Corporate Plan, the Havering Health and Wellbeing

Board's Health and Wellbeing Strategy 2019/20–2023/24 and the Havering Place Based Partnership's Interim Health and Care Strategy.

A public consultation took place from 17 January to 3 March 2024 when residents and stakeholders were invited to comment. The public consultation resulted in a total 660 responses received. It was explained that the analysis of the responses showed that there was overall support for the strategy approach. Most of the feedback was concerned with implementation of the strategy (i.e. actions to be taken to deliver the approach).

It was explained that the report sets out the local strategic approach for addressing high levels of overweight and obesity in the Borough, through a "whole systems place-based approach". This will support the longer term vision for the Borough; within 20 years' childhood obesity will have been eradicated, and that the Borough will have become a healthy place to live work and play, and a place where communities have come together to make the healthier choice the easier choice.

Following discussion, the Health and Wellbeing Board members agreed informally for the Chair endorse/action the strategy and the board will formally agree the report at the next meeting.

9 DATE OF NEXT MEETING

The next meeting was scheduled for 17 July 2024.

Chairman