

Tackling cancer at BHRUT and across north east London

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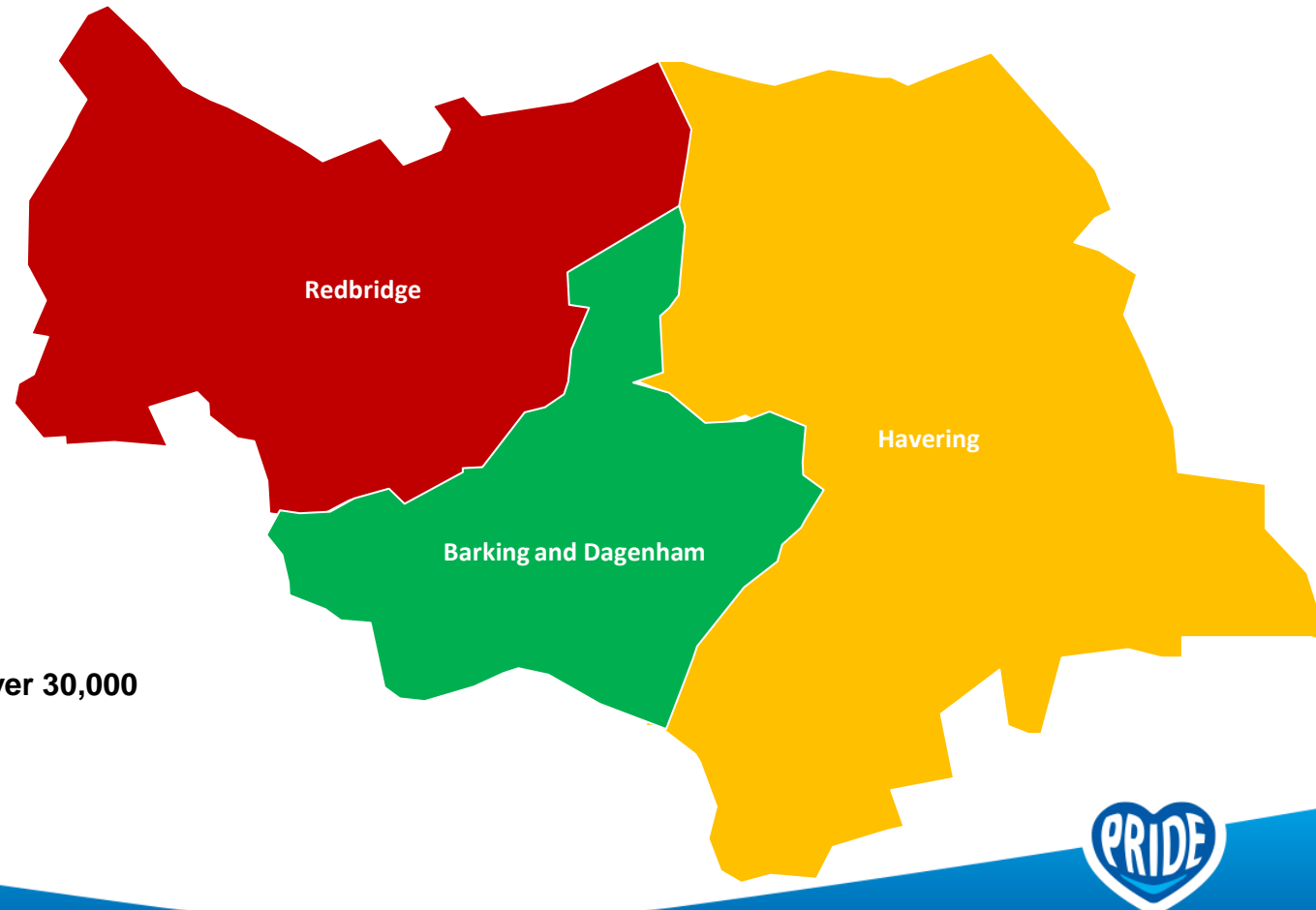
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BHRUT overview

Our estate and the population we serve

- Two main hospital sites – King George Hospital and Queen’s Hospital
- Clinics across outer north east London; some services out of Barking Community Hospital



Population c.815,000
Under 5 c.53,000
75+ c.51,000

**Population set to rise by over 30,000
over next 5 years**



OVERVIEW

- Our teams are continuing to work hard to improve care and outcomes for our cancer patients
- The total number of people on our cancer 2 week-wait lists at the end of July 2023 was 4,675
- While the junior and senior doctor strikes continue to affect our waiting lists, we're prioritising cancer patients to minimise the impact on this group
- We've made significant progress in the provision of diagnostic tests and procedures, and we delivered 96.3% against the 2 week-wait target of 93% in July, seeing 2,723 patients. Diagnosis within 28 days has also seen progress - in July, we delivered 72.9% against the standard of 75%, seeing 2,447 patients
- However, we have work to do to improve our position against the 62-day performance standard of 85%, achieving 62.8% in July
- Innovative diagnostic tools, support apps and state-of-the-art equipment is supporting patients to be diagnosed, seen, cared for and supported better across north east London (NEL)
- Work is underway on our Community Diagnostics Centre build at Barking Community Hospital both on-site and off-site
- We're particularly proud to be part of the North East London Cancer Alliance, one of the most successful in the country



NORTH EAST LONDON CANCER ALLIANCE

- Formed on 1 April 2020, the North East London Cancer Alliance (NELCA) is part of the North East London Integrated Care System
- It is committed to improving cancer outcomes and reducing inequalities for local people
- For residents, our aim is that everyone has equal access to better cancer services so that we can help to:
 - Prevent cancer
 - Spot cancer sooner
 - Provide the right treatment at the right time
 - Support people and families affected by cancer
- NELCA is one of the most successful of the 21 cancer alliances in the country and we are proud of the cooperative work we are doing
- Between April 2022 and March 2023, NELCA was either top or second in 9 out of the 10 cancer waiting standards

A LOOK AT THE DATA FOR BHRUT

Key Metrics	May	June	July	National Target
2ww Cancer Performance (The proportion of patients urgently referred by their GP for suspected cancer and first seen within 14 days from referral)	95.4%	96.3%	96.3%	93%
28-day Cancer Performance (Faster Diagnosis Standard) (The percentage of patients receiving a definitive diagnosis or ruling out cancer within 28 days of a referral)	72.74%	72.9%	72.9%	75%
62-day Cancer Performance (The proportion of patients on a Referral To Treatment (RTT) pathway that are currently waiting for treatment less than 18 weeks)	60.8%	64.3%	62.8%	85%



TACKLING THE CHALLENGES

- We continue to hold dedicated ‘super’ clinics, many over the weekend, carrying out many appointments and procedures, to improve waiting times
- Colorectal pathway – a clinically led Faster Diagnosis Standard Transformation Group has been established, to triage referrals more efficiently when received from GPs. This is to minimise delays for patients in being seen and subsequently diagnosed and treated, or cancer ruled out, more quickly
- On average, we receive more than 700 referrals a month. We’re working with our primary care colleagues on improving the quality of these, and to ensure patients have had their blood tests before their appointments
- Our learning disability team are supporting patients, so they are prepared for their appointments and have the right care and support in place when they are seen
- Our prehab cancer team are working with our vulnerable cancer patients to improve their health and wellbeing ahead of cancer surgery or treatment



NELCA PROGRAMMES OF WORK

Operational performance

- Aims to improve operational performance, increase treatment volumes compared to pre-covid numbers and reduce the backlog (ie, those patients waiting more than 62 days)

Diagnosis and Treatment

- Improvements to the cancer pathway as part of diagnosing cancers, including the 28-day Faster Diagnosis Standard, timed pathway compliance, and treatment variation

Early Diagnosis

- Raising awareness of signs and symptoms; increasing uptake of national screening programmes; working with and supporting local doctors; using the latest innovation in cancer diagnosis - all with the aim of early detection of cancer when it is easier to treat

Personalised Care

- Aims to ensure every person in NEL receives personalised care and cancer support from diagnosis onwards: personalised care and support interventions; personalised stratified follow-up; access to psychological support



INNOVATION ACROSS NEL

Medical Photography team's award win

The BHRUT team helped tackle the growing backlog of patients with urgent skin cancer referrals by arranging 480 photography sessions during a two-month period. More than 900 people were waiting for an urgent, two week wait appointment – this was reduced to zero in three months

Cytosponge – a 'sponge in a pill' tool to test for signs of cancer

Transnasal esophagoscopy - a safe and inexpensive way to examine the esophagus for patients at risk of esophageal cancer and other disorders, without the need for sedation

Introduction of **FIT bowel cancer test** in primary care to improve the lower gastrointestinal pathway

BHRUT is **the first Trust in the country** to introduce the 'Noona' app for cancer patients, allowing them to instantly message our team with questions or concerns. Our implementation of a virtual clinic on Noona was shortlisted for a 2023 Nursing Times Award

Robotic diagnostic services

King George Hospital is the first in the country to offer robotic colonoscopy – unlike a traditional colonoscopy, sedation isn't required, meaning faster recovery



INNOVATION ACROSS NEL

Early diagnosis is vital in ensuring patients have the best possible outcomes. Diagnostic centres, innovative screening techniques, and campaigns to promote awareness all play a role in patients getting diagnosed and treated as early and as quickly as possible

- **Mile End Early Diagnosis Centre (EDC)** – 16,500 additional procedures a year for cancer diagnosis; phase 2 will include an additional MRI scanner for NEL.
- **Barking Community Hospital Community Diagnostics Centre (BCH CDC)** – see later slide
- **Community Diagnostics Centre at St George's** – expected to be completed summer 2024
- **Colofit** – blood analysis to help spot bowel cancer sooner
- Piloting a **free lung health check** for those at most risk of lung cancer
- **Improving communications** so less people miss their appointment

We're delighted our BHRUT Elective Surgical Hub and our partnership with Medefer for virtual outpatient gastroenterology services have been shortlisted for HSJ awards; Mile End EDC has also been shortlisted for an award. The winners will be announced in November

Raising awareness of signs and symptoms to encourage more people to come forward:

- Campaign aimed at the LGBTQI+ community around breast cancer
- Promoting awareness of lung, prostate and bowel cancer to older males in deprived areas
- Social media campaigns for stomach, lung, womb cancer and more in a range of materials in different languages, including animated videos in 15 different languages



COMMUNITY DIAGNOSTICS CENTRE AT BCH

- Foundation work is progressing well to prepare the site itself...and off-site, the building itself is taking shape before it's delivery to the site in October
 - We're using the Modern Method of Construction process to minimise disruption and increase the speed of the build – the modular building is being prepared in a factory in Gloucester
- We plan to see our first patients in early 2024 and our teams are continuing to engage with patients, stakeholders and colleagues throughout the construction process
- We're also delighted that [NHS Providers have published a case study](#) on the work we've been doing around the project
- BCH was chosen following national recommendations to establish CDCs to make sure residents have quick access to checks, scans and tests

Diagnostic services

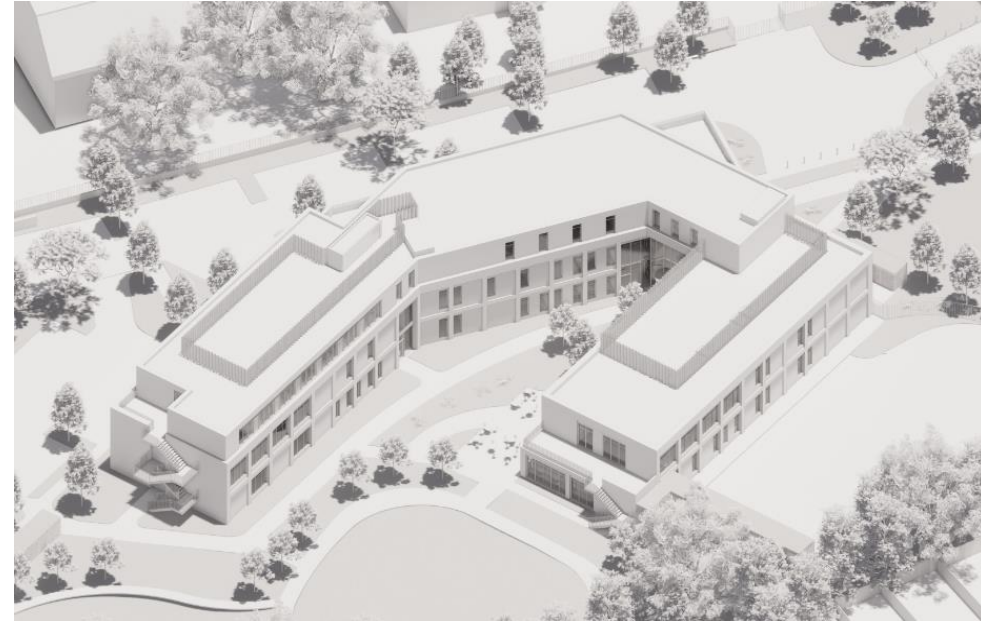
- Imaging (MRI, CT, ultrasound)
- Cardiac and respiratory
- Phlebotomy
- POCT
- Ophthalmology

2023/24 planned activities

- 51,696 diagnostic tests
- So far, we've delivered 8,952 tests as an early adopter site



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FUTURE VISION



Robotic Centre



Health and Wellbeing



Elective Hub



Cancer Centre



CDC



Training Academy



Pre-Assessment



OPD