

HEALTH & WELLBEING BOARD

Subject Heading:

Draft Health Improvement Report (2018)

Board Lead:

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The subject matter of this report deals with the following themes of the Health and Wellbeing Strategy

- Theme 1: Primary prevention to promote and protect the health of the community and reduce health inequalities
- Theme 2: Working together to identify those at risk and intervene early to improve outcomes and reduce demand on more expensive services later on
- Theme 3: Provide the right health and social care/advice in the right place at the right time
- Theme 4: Quality of services and user experience

SUMMARY

The attached draft report is an illustration of health improvement activities undertaken by the Public Health Service in collaboration with other Council services and in partnership with a range of organisations. The report primarily focuses on the eighteen month period to August 2018.

It is being presented to the Board at this time, as it may assist in discussions regarding the approach/priorities for the new strategy.

The style of the presentation echoes that of the most recent health protection report, which was well received by the Board.

RECOMMENDATIONS

The Board is asked to

- consider the report and comment
- advise whether a similar report on health improvement would be useful in the future

REPORT DETAIL

Health improvement utilises the majority of the Public Health Service resource¹. The report sets out the health improvement activity under three headings:

- putting health and wellbeing into all policy, systems and partnerships
- commissioning health improvement services
- nudging residents towards healthier choices

Eighteen separate programmes of work are summarised; each contains a sketch which loosely illustrates how the different programmes are interlinked with each other, with other services, and with Council public health priorities.

Following are examples of some of the achievements from the past eighteen months which are explained further in the report:

- Public Health and Planning worked together on health impact assessment of the Local Plan. This showed that it is possible to take a very practical approach to health in all policies, and this led to further interest in assessing other strategies and policies for their impact on health
- Health champions delivered a range of health improvement activities and attended over 100 events, raising awareness about priority health issues, including mental health, cancer, physical activity, smoking, alcohol and healthy eating – trainee GPs worked with health champions on an outreach project in Romford town centre
- A suicide prevention approach across BHR commenced, led by LBH public health
- The health and wellbeing in schools service has supported schools to achieve Healthy Schools London awards, and has delivered training to school staff on a

¹ Approximately 9fte officer time is directed on health improvement activity, and the remaining 8fte split between health protection and service improvement.



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range of health and wellbeing topics. The service is supporting schools to prepare for new curriculum content on Sex and Relationship education.

- Havering was one of just six London boroughs to participate in Healthy Early Years London pilot, with eight awards achieved during the pilot phase
- In partnership with Early Help and NELFT, *starting solid foods* workshops designed to help parents to confidently wean babies onto solid foods; sessions commenced in January

IMPLICATIONS AND RISKS

None

BACKGROUND PAPERS

None